

SUNDAY / DOMINGO

10:30AM 90 min	Binghamton	Sunday Steppin , Voices Recovery center, 340 Prospect Street, Binghamton, NY (O,St,Tr,BK,ENG)
6:30PM 90 min	Binghamton	Now or Never , YMCA, 3rd Floor Rec Room, 165 Susquehanna Street, Binghamton, NY
7:00PM 90 min	Binghamton	Therapeutic Value , Scrapyard, 11 Brandywine Hwy, Binghamton, NY (O,RF)

MONDAY / LUNES

10:00AM 60 min	Norwich	Principles Over Personalities , Norwich Family YMCA, 68 N Broad St, Norwich, NY (O,JT)
NOON 60 min	Binghamton	Living the Miracle , Tabernacle United Methodist, 83 Main Street, Binghamton, NY (O,D,To)
6:00PM 90 min	Millerton	We Choose to Survive , , 5174 Main St, Millerton, PA
6:30PM 90 min	Binghamton	Just For Today , Voices Recovery center, 340 Prospect Street., Binghamton, NY (D,JT)
7:00PM 90 min	Bath	Bath Unity Group , St Thomas Church, 122 Liberty Street, Bath, NY (O,BT,D,IW,SD,LC)
7:00PM 90 min	Oneonta	Courage to Change , , 22 Elm St., Oneonta, NY (O,D,SD,St,Tr)
7:00PM 90 min	Binghamton	Faith Over Fear , , Across from Weitzman's, 11 brandywine Avenue, Binghamton, NY (O,RF)
7:00PM 90 min	Hornell	Road to Recovery , New Hope Community Center, 282 Canisteo St, Hornell, NY (HY)
7:00PM 90 min	Ithaca	Spiritual Foundations , , Zoom ID: 896 2537 4048, Passcode 832082, 518 W Seneca Street, Ithaca, NY (O,RF,HY)
7:00PM 90 min	Elmira	United We Stand Divided We Fall , Salvation Army, Use 3rd Street Entrance, 414 Lake St, Elmira, NY (O)

TUESDAY / MARTES

NOON 90 min	Binghamton	Living the Miracle , Tabernacle United Methodist, 83 Main Street., Binghamton, NY (O,D,To)
6:00PM 60 min	Binghamton	Women Do Recover , Tabernacle United Methodist, 83 Main St., Binghamton, NY (O,D,Pi,SD,St,To)

TUESDAY / MARTES (CONT)

7:00PM 90 min	Corning	Keeping the Miracle Alive , Salvation Army, 32 Denison Parkway E., Corning, NY
7:00PM 90 min	Binghamton	New Beginnings , Tabernacle Church, 83 Main Street, Binghamton, NY (O,SD)
7:00PM 90 min	Ithaca	Spiritual Foundations , , Zoom ID: 896 2537 4048, Passcode 832082, 518 W Seneca Street, Ithaca, NY (O,RF,HY)
8:00PM 90 min	Sidney	Hilly Recovery , Sidney United Methodist, 12 Liberty Street, Sidney, NY

WEDNESDAY / MIÉRCOLES

NOON 90 min	Binghamton	Living the Miracle , Tabernacle United Methodist, 83 Main st., Binghamton, NY (O,D,To)
5:30PM 90 min	Endicott	Never Alone , Ignite church, 314 E. Main Street, Endicott, NY
6:30PM 60 min	Binghamton	The Process Begins , East Side Congregational Church, 284 Robinson Street, Binghamton, NY (O,BT,D,SD)
7:00PM 90 min	Bath	Bath Unity Group , St. Thomas Church, 122 Liberty Street, Bath, NY (O,BT,D,IW,SD,LC)
7:00PM 90 min	Hornell	Keep it Simple , New Hope Community Center, 282 Canisteo St, Hornell, NY (HY)
7:00PM 90 min	Ithaca	Spiritual Foundations , , Zoom ID: 896 2537 4048, Passcode 832082, 518 W Seneca Street, Ithaca, NY (O,RF,HY)
7:00PM 90 min	Elmira	Starting Over , Transformation Center (Use Door off 1st St.), 314 W. Church St., Elmira, NY (O,JT,To,WC)
7:00PM 60 min	Delhi	We do Recover , St. John Church, 134 1/2 main st Delhi ny 13753, Delhi (B,SD)

THURSDAY / JUEVES

NOON 60 min	Binghamton	Living the Miracle , Tabernacle United Methodist, 83 Main Street, Binghamton, NY (O,D,To)
6:00PM 60 min	Norwich	Strength In Diversity , , Use handicap ramp entrance, 23 Silver Street, Norwich, NY (RF)
7:00PM 90 min	Elmira	Dynamic Forces of Change , The Park Church, 208 Gray St., Elmira, NY

THURSDAY / JUEVES (CONT)

7:00PM 90 min	Binghamton	NA Scrapyard , Scrap Yard, 11 Brandywine Ave., Binghamton, NY (O,B,JT)
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FRIDAY / VIERNES

NOON 90 min	Binghamton	Living the Miracle , Tabernacle United Methodist, 83 Main Street, Binghamton, NY (O,D,To)
2:00PM 60 min	Norwich	Another Chance to Live , , Suite One, 24 E. Main Street, Norwich, NY (O,RF)
5:30PM 90 min	Elmira	Everything Can Change , Lafrance Apartments, Use back patio door, 416 Powell St, Elmira, NY
7:00PM 90 min	Bath	Bath Unity Group , St. Thomas Church, 122 Liberty Street, Bath, NY (O,BT,D,IW,SD,LC)
7:00PM 90 min	Binghamton	Faith Over Fear , Scrapyard, 11 Brandywine Avenue, Binghamton, NY (O,B,Pi)
7:00PM 90 min	Ithaca	Recovery in the Sky Group , Community Recovery, 518 W. Seneca St, Ithaca, NY (HY)
7:15PM 60 min	Walton	Simplicity Group , New Hope Community Church, 45 Stockton Avenue, Walton, NY (O,SD,St,WC)

SATURDAY / SÁBADO

10:00AM 90 min	Binghamton	Started From The Bottom , Trinity Memorial Church, Oak Street Entrance, 44 Main Street, Binghamton, NY (BT,JT)
4:00PM 90 min	Elmira	Firm Foundation , Transformation Center (Use Door off 1st St.), 314 W. Church St., Elmira, NY (O,JT,To,WC)
6:00PM 60 min	Norwich	Another Chance to Live , , Suite One, 24 E. Main Street, Norwich, NY (O,RF)
6:30PM 90 min	Binghamton	To Any Lengths , Tabernacle United Methodist, 83 Main Street, Binghamton, NY (O,D)

MEETING FORMAT LEGEND

B	Beginners	BK	Book Study
BT	Basic Text	D	Discussion
ENG	English speaking	HY	Hybrid Meeting
IW	It Works -How and Why	JT	Just for Today
LC	Living Clean	O	Open
Pi	Pitch	RF	Rotating Format
SD	Speaker/Discussion	St	Step
To	Topic	Tr	Tradition
WC	Wheelchair		

WEBSITES AND HELPLINES

Online Meetings	virtual-na.org	(315) 847-3842
Triple Cities Area	tcana.nny-na.org	(315) 847-3842
Heart of New York Area	www.honyana.org	(315) 847-3842
Finger Lakes Area	flana.nny-na.org	(315) 847-3842
Recovery is Possible Area	www.recoveryispossible.us	(315) 847-3842
Southern Tier GSF	southern-tier.nny-na.org	(315) 847-3842
Northern New York Region	nny-na.org	(315) 847-3842
Northeast Zonal Forum	nezf.org	
NA World Services	na.org	(818) 773-9999

SERVICE COMMITTEE MEETINGS

Triple Cities Area Service Committee

2nd Sunday @ 1PM
76 Main Street Binghamton

Hospitals & Institutions Sub-Committee

1st Tuesday @ 5:30 PM
340 Prospect Street., Binghamton

Activities and Entertainment Sub-Committee

1st and 3rd Sunday 5:00 pm
11 Brandywine Ave. Binghamton

Policy Sub-Committee

(TBD)

Public Relations Sub-Committee

2nd Monday 5:30pm
340 Prospect Street, Binghamton

Stockpile Sub-Committee

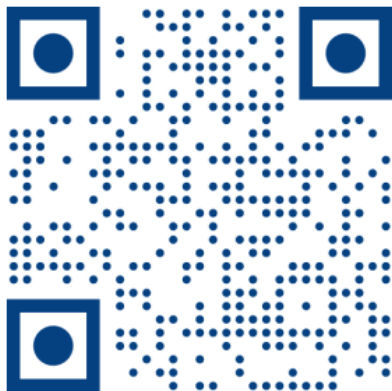
(Group Literature Orders)
3rd Monday 5:00pm
340 Prospect St. Binghamton

Newsletter / Literature Sub-Committee

TBD

USE THIS PRINTED LIST WITH CAUTION.

For the most accurate meeting information scan the QR code



PHONE NUMBERS



JUNE 2023

**Triple Cities Area of NA
PO Box 422
Binghamton, NY 13902-0422**

**tcana.nny-na.org
(315) 847-3842**

Reminder : We are not affiliated with any outside facilities or organizations, including those we rent meeting space from.

What is our message?

***The message is that
an addict, any addict,
can stop using drugs,
lose the desire to use,
and find a new way to live.***

***Our message is hope
and the promise of freedom.***

Freedom from active addiction

Meetings Weekly: 42

SUGGESTIONS

- Go to 90 NA meetings in 90 days**
- Get a NA home group**
- Get a NA sponsor**
- Get NA literature**
- Get involved in NA Service**

NO MATTER WHAT

**Don't use
Keep coming back**