SUNDAY / DOMINGO

10:30AM 90 min	**Binghamton**	**Sunday Steppin**, , 340 Prospect Street, Binghamton, NY **(O,St,Tr,BK,ENG)**
7:00PM 90 min	**Binghamton**	**Therapeutic Value**, , 11 Brandywine Ave, Binghamton, NY **(O,RF,WC)**

MONDAY / LUNES

NOON 90 min	**Binghamton**	**Living the Miracle**, , 83 Main Street, Binghamton, NY **(D,O,To,WC)**
6:00PM 90 min	**Binghamton**	**Keep An Open Mind**, , 340 Prospect Street, Binghamton, NY **(GL,O,Ag)**
6:00PM 90 min	**Millerton**	**We Choose to Survive**, , 5174 Main St, Millerton, PA
6:30PM 90 min	**Binghamton**	**Just For Today**, Binghamton General Hospital, 10-42 Mitchell Ave, Binghamton, NY **(D,JT,WC)**
7:00PM 90 min	**Bath**	**Bath Unity Group**, St Thomas Church, 122 Liberty Street, Bath, NY **(BT,D,IW,O,SD,LC)**
7:00PM 90 min	**Binghamton**	**Faith Over Fear**, , 11 brandywine Ave, Binghamton, NY **(O,RF,WC)**
7:00PM 90 min	**Hornell**	**Road to Recovery**, New Hope Community Center, 282 Canisteo St, Hornell, NY
7:00PM 60 min	**Ithaca**	**Spiritual Foundations**, , Zoom ID: 896 2537 4048, Passcode 832082, 518 W Seneca Street, Ithaca, NY **(O,RF,WC,HY)**

TUESDAY / MARTES

10:00AM 90 min	**Elmira**	**Learning to Live**, , 456 E.Church Street, Elmira, NY
NOON 90 min	**Binghamton**	**Living the Miracle**, , 83 Main Street., Binghamton, NY **(D,O,To,WC)**
7:00PM 90 min	**Binghamton**	**B.Y.O. Step Working Guide**, , 42 Chenango Street, Binghamton, NY **(C,SG,St)**
7:00PM 90 min	**Corning**	**Keeping the Miracle Alive**, Salvation Army, 32 Denison Parkway E., Corning, NY
7:00PM 60 min	**Ithaca**	**Spiritual Foundations**, , Zoom ID: 896 2537 4048, Passcode 832082, 518 W Seneca Street, Ithaca, NY **(O,RF,WC)**
7:00PM 60 min	**Binghamton**	**Tuesday Night NA**, , 11 Brandywine Ave, Binghamton, NY

WEDNESDAY / MIÉRCOLES

NOON 90 min	**Binghamton**	**Living the Miracle**, , 83 Main st, Binghamton, NY **(D,O,To,WC)**

WEDNESDAY / MIÉRCOLES (CONT)

5:30PM 90 min	**Endicott**	**Never Alone**, Living Hope Church, Entrance in rear, 29 Grant Ave, Endicott, NY **(WC)**
7:00PM 90 min	**Bath**	**Bath Unity Group**, St. Thomas Church, 122 Liberty Street, Bath, NY **(BT,D,IW,O,SD,LC)**
7:00PM 90 min	**Binghamton**	**New Beginnings**, , 83 Main Street, Binghamton, NY **(O,SD,WC)**
7:00PM 60 min	**Ithaca**	**Spiritual Foundations**, , Zoom ID: 896 2537 4048, Passcode 832082, 518 W Seneca Street, Ithaca, NY **(O,RF,WC)**
7:00PM 90 min	**Elmira**	**Starting Over**, (Use Door off 1st St.) 314 W. Church St., Elmira, NY **(JT,O,To,WC)**
7:00PM 60 min	**Delhi**	**We do Recover**, St. John Church, 134 1/2 main st Delhi ny 13753, Delhi, **(B,SD)**

THURSDAY / JUEVES

NOON 90 min	**Binghamton**	**Living the Miracle**, , 83 Main Street, Binghamton, NY **(D,O,To,WC)**
4:30PM 60 min	**Ithaca**	**One World Open to Change**, Community Center, 150 West Village Place, Ithaca, NY
7:00PM 60 min	**Binghamton**	**Basic Text**, , Oak St Entrance, 44 Main St, Binghamton, NY **(BT,O,WC)**
7:00PM 90 min	**Elmira**	**Dynamic Forces of Change**, The Park Church, 208 Gray St., Elmira, NY
7:00PM 60 min	**Binghamton**	**NA Scrapyard**, , 11 Brandywine Ave., Binghamton, NY **(B,JT,O,WC)**

FRIDAY / VIERNES

NOON 90 min	**Binghamton**	**Living the Miracle**, , 83 Main Street, Binghamton, NY **(D,O,To,WC)**
5:30PM 90 min	**Elmira**	**Everything Can Change**, Lafrance Apartments, Use back patio door, 416 Powell St, Elmira, NY
6:00PM 90 min	**Towanda**	**Recovery is Possible One Day at a Time**, , Left side en, 20 Kingsbury Ave, Towanda, PA
7:00PM 90 min	**Bath**	**Bath Unity Group**, St. Thomas Church, 122 Liberty Street, Bath, NY **(BT,D,IW,O,SD,LC)**
7:00PM 90 min	**Binghamton**	**Feed the Flame**, , Parking and entrance in the back, 42 Chenango Street, Binghamton, NY
7:00PM 60 min	**Ithaca**	**Spiritual Foundations**, , Zoom ID: 896 2537 4048, Passcode 832082, 518 W Seneca Street, Ithaca, NY **(O,RF,WC,HY)**

SATURDAY / SÁBADO

10:00AM 90 min	**Binghamton**	**Started From The Bottom**, , Oak Street Entrance, 44 Main Street, Binghamton, NY **(BT,JT,WC)**
4:00PM 90 min	**Elmira**	**Firm Foundation**, (Use Door off 1st St.) 314 W. Church St., Elmira, NY **(JT,O,To,WC)**

MEETING FORMAT LEGEND

B	Beginners	BT	Basic Text
C	Closed	D	Discussion
GL	Gay/Lesbian/Transgender	IW	It Works -How and Why
JT	Just for Today	O	Open
RF	Rotating Format	SD	Speaker/Discussion
SG	Step Working Guide	St	Step
To	Topic	Tr	Tradition
WC	Wheelchair	BK	Book Study
LC	Living Clean	ENG	English speaking
HY	Hybrid Meeting	Ag	Agnostic

WEBSITES AND HELPLINES

Online Meetings	virtual-na.org	
Triple Cities Area	tcana.nny-na.org	(315) 847-3842
Heart of New York Area	www.honyana.org	(315) 847-3842
Finger Lakes Area	flana.nny-na.org	(315) 847-3842
Recovery is Possible Area	www.recoveryispossible.us	(315) 847-3842
Southern Tier GSF	southerntier.nny-na.org	(315) 847-3842
Northern New York Region	nny-na.org	(315) 847-3842
Northeast Zonal Forum	nezf.org	
NA World Services	na.org	(818) 773-9999

SERVICE COMMITTEE MEETINGS

Triple Cities Area Service Committee
2nd Saturday @ 12:00 PM
30 Main Street Binghamton

Hospitals & Institutions Sub-Committee
1st Tuesday @ 5:30 PM
340 Prospect Street., Binghamton

Activities and Entertainment Sub-Committe
2nd Sunday at 5:00 PM
11 Brandywine Ave. Binghamton

Policy Sub-Committee
(TBD)

Public Relations Sub-Committee
2nd Monday 5:30 PM
340 Prospect Street Binghamton

Stockpile Sub-Committee
(Group Literature Orders)
2nd Saturday After Area
30 Main St. Binghamton

Newsletter / Literature Sub-Committee
TBD

USE THIS PRINTED LIST WITH CAUTION.
For the most accurate meeting information scan the QR code

PHONE NUMBERS

SUGGESTIONS
Go to 90 NA meetings in 90 days
Get a NA home group
Get a NA sponsor
Get NA literature
Get involved in NA Service

NO MATTER WHAT
Don't use
Keep coming back

NOVEMBER 2026

Triple Cities Area of NA
30 Main Street
Binghamton NY 13905
tcana.nny-na.org
(315) 847-3842

Reminder : We are not affiliated with any outside facilities or organizations, including those we rent meeting space from.

What is our message?

The message is that
an addict, any addict,
can stop using drugs,
lose the desire to use,
and find a new way to live.

Our message is hope
and the promise of freedom.

Freedom from active addiction

Meetings Weekly: 36